

Artwork:  
Sovatey Sang, 11th Grade  
South Philadelphia High School



## Quit Tip

Try to avoid being around other smokers when you are quitting.

June / junio

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

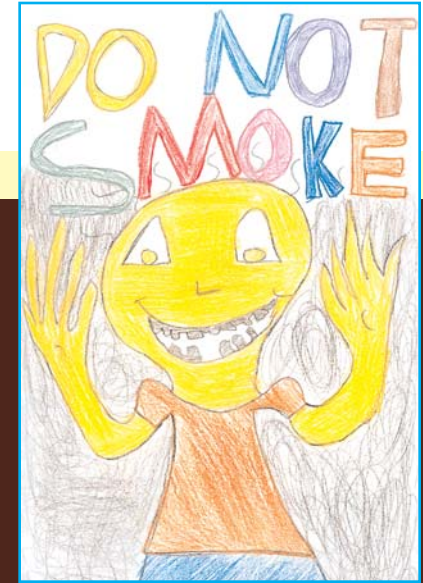
August / agosto

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# JULY

2009 JULIO

Artwork:  
Luzesther Amigon, 4th Grade  
F. E. Willard School



sunday domingo

monday lunes

tuesday martes

wednesday miércoles

thursday jueves

friday viernes

saturday sábado

## Quit because:

You will protect your friends and family from the health risks of secondhand smoke.

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Independence Day

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### DID YOU KNOW?

Hookah or water pipe smoking delivers the addictive drug nicotine and is at least as toxic as cigarette smoke.



Free prevention and quit info:  
(215) 683-LIVE  
[www.smokefreephilly.org](http://www.smokefreephilly.org)

NOTES/NOTAS:

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