



## Insurance Coverage for Quit Smoking Services in Philadelphia



As of January 1, 2014, The Affordable Care Act (ACA) requires most insurance plans to cover quit smoking services. Individual plans and coverage can vary and are subject to change. Call the member services number on your insurance card for more detailed information.

### PRIVATE INSURANCE

#### Aetna

**How many quit attempts per year?**

No annual limit on quit attempts per year.

**What quit smoking medication is covered?**

Nicotine gum and patches, \*Chantix and \*\* Zyban

Over The Counter (OTC) medications prescribed by a health care provider and filled at participating pharmacy.

**What are the cost-sharing requirements for medications?**

None, for in-network pharmacy.

**Need prescription for medication?**

Yes.

**Are quit-smoking counseling services available?**

Yes, visit the Aetna Navigator at [www.aetna.com](http://www.aetna.com) for information about your specific health plan.

**For more information:**

Log in to [www.aetna.com](http://www.aetna.com) and complete a health assessment. Call: 860-273-0123; ask for “Quit Tobacco Program.”

#### United HealthCare of Pennsylvania

**How many quit attempts per year?**

No annual limit on quit attempts per year.

**What quit smoking medication is covered?**

Nicotine gum, patch, lozenges, inhaler, nasal spray, Chantix and Zyban

**What are the cost-sharing requirements for medications?**

No cost-sharing for medications in UH pharmacy plan. Two 90-day courses of treatment for OTC and prescription medication permitted per year.

**Need prescription for medication?**

Yes.

**Are quit smoking counseling services available?**

Yes, in your primary care setting. Web-based smoking cessation program available: [www.myuhc.com](http://www.myuhc.com) under “health and wellness”.

**For more information**

Call: 800-791-2067

#### Independence Blue Cross (IBX)

**How many quit attempts per year?**

No annual limit on quit attempts per year.

**What quit smoking medication is covered?**

Nicotine inhaler, nasal spray, Chantix and Zyban

**What are the cost-sharing requirements for medications?**

None, when enrolled in Tobacco Cessation Incentive program

**Need prescription for medication?**

Yes, from in-network doctor

**Are quit smoking counseling services available?**

Yes, only for individual counseling

**For more information:**

Ask about the *Healthy Lifestyles Tobacco Cessation Incentive Program*. Reimbursable up to \$200.00 upon completion of an approved program. Medication, including OTC **may** be available at no cost.

[www.ibx4you.com](http://www.ibx4you.com) 1-800-275-2583

## PUBLIC INSURANCE

### Medicaid

**How many quit attempts per year?**

No limits on quit attempts per year.

**What quit smoking medication is covered?**

Nicotine patches, gum, lozenges, inhaler, Chantix and Zyban

**What are the cost-sharing requirements for medications?**

Co-payments of \$0 - \$3.00

**Need prescription for medication?**

Yes.

**Are quit smoking counseling services available?**

Yes - individual & group counseling

**For more information contact:**

Pennsylvania Medicaid fee-for-service benefits  
Call: 800-692-7462 or

**Health Choices Plans**

- Aetna Better Health - 866-638-1232
- Health Partners of Philadelphia - 800-553-0784
- Keystone First Health Plan - 800-521-6860
- United Healthcare Community Plan  
800-414-9025

### Medicare

**How many quit attempts per year?**

Two quit attempts per year.

**What quit smoking medication is covered?**

Prescription medications covered under "Part D" Chantix and Zyban.

**OTC products are not covered**

**What are the cost-sharing requirements for medications?**

None.

**Need prescription for medication?**

Yes.

**Are quit smoking counseling services available?**

Yes - 8 face-to-face counseling sessions per year

**For more information**

Call: 1-800-MEDICARE (1-800- 633-42273) or contact your Medicare Advantage Plan

[www.medicareinteractive.org](http://www.medicareinteractive.org)

For additional help in quitting smoking, please go to [www.smokefreephilly.org](http://www.smokefreephilly.org) or

call the PA Free Quitline at 1800-QUIT-NOW(1-800-784-8669)

*OTC – Over the Counter*

*\*Also known as Varenicline*

*\*\* Also known as Bupropion or Wellbutrin*

*Revised January 2016*