

Know the Risks: A Youth Guide to E-cigarettes

INFORMATION FOR USERS

Purpose: CDC's Office on Smoking and Health (OSH) developed a presentation called, "Know the Risks: A Youth Guide to E-cigarettes," to educate youth on e-cigarettes, including the health risks, the factors that lead to e-cigarette use, and what youth can do to avoid all tobacco products, including e-cigarettes.

URL: The presentation is available on OSH's [website](#).

Length: The presentation will take approximately 45 minutes to deliver.

Target Age Group: Youth ages 11-18

Intended Presenter(s): The presentation is intended to be delivered by adults who educate or serve youth ages 11-18. This could include teachers, coaches, Parent Teacher Associations, youth ministry leaders, etc.

Format: The presentation includes the entire script so the presenter does not need additional information to deliver the presentation. If you have props available to make it hands-on and interactive, consider the following:

- An e-cigarette such as a rechargeable e-cigarette, large tank device, medium tank device, or a disposable e-cigarette
- Fake Brain
- E-cigarette refillable liquid

Qs & As:

Can I modify these slides?

No. The content contained within individual slides should not be modified.

Can I add or delete slides?

Yes. However, CDC is neither responsible for, nor does it endorse, any added slides.

Do I need to be an expert on e-cigarettes to deliver the presentation?

No, the presentation was developed so that any adult who educates or serves youth ages 11-18 can deliver the presentation without prior knowledge of e-cigarettes. Since you are serving youth directly, CDC OSH has provided you the content you need to educate youth on the risks of e-cigarettes.

Where can I find more information on e-cigarettes and youth?

- [Quick Facts on the risks of e-cigarettes for kids teens, and young adults](#)
- [Know the Risks](#)
- Teen.smokefree.gov

Does CDC have a presentation on e-cigarettes for adults?

CDC OSH is working on a companion presentation on e-cigarettes that is intended for presentation to adults. Currently, we have information about e-cigarettes on our [website](#).

Do I need to have internet access to deliver the presentation?

You can download the presentation and save it on your computer from CDC OSH's [website](#).

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There is a link to a 30-second video developed by FDA's The Real Cost Youth E-cigarette prevention campaign on slide 21. It is optional to show this video depending on whether you have internet access. YouTube Video Link: <https://www.youtube.com/watch?v=zYuyS1Oq8gY>

Who can I contact at CDC if I have any questions about the presentation?

Please email the OSH Speakers Bureau at: oshspeakersbureau@cdc.gov if you have any questions. This email inbox is monitored regularly.